

EDUCATION

Licensed Physical Therapist in California

- License Number: 39937

California State University Long Beach, Long Beach, CA

- Master of Physical Therapy, graduated in June 2012.

California State University East Bay, Hayward, CA

- B.S. in Business Administration, graduated in June 2007

EXPERIENCE

San Ramon Valley Physical Therapy, San Ramon, CA – Physical Therapist/Owner

January 2013-Current

- Perform initial evaluations, regular treatments, and discharge summaries for patients with common orthopedic and neurologic conditions and complaints
- Work with Physical Therapy Assistants and Aides to follow through with POC
- Teach, develop, and mentor new physical therapy graduates
- Responsible for all aspects of Human Resources, including payroll, hiring, firing, and conflict management
- Execute multi-layer marketing plan, including building and maintaining the website, social media presence, building and establishing relationships with referral sources, and educating staff on best practices
- Con-Ed Courses Taken (not limited to):
 - Lumbo-Pelvic Restoration
 - FMS/SFMA
 - RockTape
 - TRX
 - Introduction to CPT Codes: Codes Used by PT & OT
 - Responding to Unwanted Behaviors & Motivating Clients in Therapy
 - Elbow Tendinopathy and Graston Technique
 - Bike Anatomy: The Bike and Bike Fit Rationale
 - The Functional Manual Therapy® Approach to the Knee
 - Return to Sport of the Overhead Athlete
 - Strength Training for Older Adults Part 1: Lower Body Major Lifts

Women's Advantage Physical Therapy, Torrance, CA – Physical Therapy Aide

July 2012-September 2012

- Guided, monitored, and motivated patients with their exercises and functional activities under direct supervision of a Physical Therapist
- Exercises heavily focused on deep abdominal stabilization and Pilates.

Orthosport Physical Therapy, Hermosa Beach, CA – Physical Therapy Aide

June 2009-June 2010

- Assisted patients with their exercises and functional activities, including Pilates
- Performed clerical duties, such as taking inventory, ordering supplies, answering telephone, taking messages, and filling out forms
- Administered active and passive manual therapeutic exercises, therapeutic massage, and ultrasound

CLINICAL EXPERIENCE

Kaiser West LA 10/1/2012-12/21/2012 (12 weeks)

- Outpatient Orthopedic Setting; 45 min. evaluations, 30 min. treatments
- In-service: Importance of Using Gait Velocity as an Outcome Measure

Neuro Rehab Partners 7/9/2012-8/17/2012 (6 weeks)

- Outpatient Neuro Setting; 60 min. evaluations, 60 min. treatments

Physical Therapy Specialists of Beverly Hills 5/28/2012-7/6/2012 (6 weeks)

- Outpatient Orthopedic Setting; 60 min. evaluations, 45 min. treatments

Belmont Shore Physical Therapy 6/24/2011-7/6/2011 (6 weeks)

- Outpatient Orthopedic Setting; 60 min. evaluations, 60 min. treatments